# *Kandidatuur om te worden opgenomen op de lijst van Pediatrische Multidisciplinaire Obesitascentra (PMOC)*

* *Te versturen* ***vóór 31 oktober 2023****, volledig ingevuld, digitaal ondertekend en met de gevraagde bijlagen, naar:* [*ovcomeddir@riziv-inami.fgov.be*](mailto:sec_dir_med@riziv-inami.fgov.be)

1. ***De verplegingsinrichting die zich kandidaat stelt***
2. ***Identificatie van de verplegingsinrichting***

*Naam van de verplegingsinrichting : ……………………………………………………….......................*

*Riziv identificatienr. van de verplegingsinrichting : \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_*

*E-mailadres: ……………….……………..……………………………………………………………………*

*Straat en nummer : ………………….……………..…………………………………………………………*

*Postcode en gemeente : ……………………………………………………………………………………..*

1. ***Identificatie van de PMOC-coördinator van de verplegingsinrichting die zich kandidaat stelt:***

*Naam en voornaam: ………………………………………………………..………………………………...*

*E-mailadres : …………………………………………………………………………………………………..*

*\*Indien de PMOC-coördinator wijzigt, moet dit gemeld worden aan het RIZIV.*

1. ***Identificatie van de medische directeur van de verplegingsinrichting die zich kandidaat stelt:***

*Naam en voornaam: ………………………………………………………..………………………………...*

*E-mailadres : …………………………………………………………………………………………………..*

1. ***Contactpersoon in geval van eventuele administratieve vragen:***

*Naam en voornaam ………………………………………………………………………………………......*

*E-mailadres:……………………………………………………………………...........................................*

*Tel.:……………………………………………………………………………………………………………...*

1. ***Identificatie en samenstelling van het team***

*à (indien meer artsen-specialisten deelnemen, kunt u hun gegevens toevoegen in bijlage)*

1. ***Minimum één arts-specialist in de kindergeneeskunde, eventueel gespecialiseerd in endocrinologie of ten minste met een bijzondere expertise in kinderobesitas;***

*Naam en voornaam:…………………………………………………………………………………………..*

*E-mailadres:……………………………………………………………………...........................................*

*RIZIV-nummer:………………………………………………………………………………………………...*

*Relevante opleidingen/publicaties (met referentie):*

*…………………………………………………………………….................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................*

1. ***Minimum één gespecialiseerd diëtist met***
   * *ofwel minstens 5 jaar ervaring in het begeleiden van kinderen met overgewicht*
   * *ofwel met een certificaat van een opleiding ‘voeding voor het jonge kind en de adolescent’*
   * *ofwel met een certificaat ‘obesitas bij kinderen/jongeren’ (opleiding Eetexpert, CEPIA of een daaraan gelijk gestelde organisatie).*

*Naam en voornaam:…………….........………………………………………………………………………*

*E-mailadres:……………………………………………………………………...........................................*

*RIZIV-nummer:………………………………………………………………………………………………...*

*Relevante opleidingen/publicaties (met referentie):*

*…………………………………………………………………….................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................*

1. ***Minimum één psycholoog met***

*Ofwel minstens 5 jaar ervaring in het begeleiden van het jonge kind en de adolescent, ofwel gespecialiseerd voor kinderen; én met ofwel minstens 5 jaar ervaringen in het begeleiden van kinderen van overgewicht, ofwel met een certificaat ‘obesitas bij kinderen/jongeren’ (opleiding Eetexpert, CEPIA of een daaraan gelijk gestelde organisatie). De psycholoog is ook vertrouwd met de aanpak van eetbuien;*

*Naam en voornaam:…………….........………………………………………………………………………*

*E-mailadres:……………………………………………………………………...........................................*

*RIZIV-nummer:………………………………………………………………………………………………...*

*Relevante opleidingen/publicaties (met referentie):*

*…………………………………………………………………….................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................*

1. ***Minimum één kinesitherapeut met bekwaming in pediatrische kinesitherapie***
   * *Bij kinderen jonger dan 12 jaar:*
     + *een kinesitherapeut met bijzondere bekwaamheid pediatrische kinesitherapie ofwel een kinesitherapeut met voldoende ervaring (5jaar) en/of opleidingen in pediatrische kinesitherapie, die tevens een opleiding heeft genoten over overgewicht en obesitas bij kinderen;*
   * *Bij kinderen tussen 12 en 18 jaar:*
     + *een kinesitherapeut met bijzondere bekwaamheid pediatrische kinesitherapie ofwel een kinesitherapeut met voldoende ervaring (5jaar) en/of opleidingen in pediatrische kinesitherapie;*
     + *ofwel een sportkinesitherapeut die tevens een opleiding heeft genoten over overgewicht en obesitas bij kinderen;*
   * *met een expertise in (kinder)obesitas*

*Naam en voornaam:…………….........………………………………………………………………………*

*E-mailadres:……………………………………………………………………...........................................*

*RIZIV-nummer:………………………………………………………………………………………………...*

*Relevante opleidingen/publicaties (met referentie):*

*…………………………………………………………………….................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................*

1. ***Minimum één sociaal werker of sociaal verpleegkundige***

*Naam en voornaam:…………….........………………………………………………………………………*

*E-mailadres:……………………………………………………………………...........................................*

1. ***Minimum één administratief assistent***

*Naam en voornaam:…………….........………………………………………………………………………*

*E-mailadres:……………………………………………………………………...........................................*

1. ***Infrastructuur en uitrusting van de verplegingsinrichting***

***De PMOC beschikt over de hierna gaande infrastructuur en uitrusting:***

* *Individuele consultatie- en gespreksruimte;*
* *Een ruimte waarin het mogelijk is om groepssessies te organiseren;*
* *Een vergaderzaal;*
* *Een secretariaatsruimte waar de individuele dossiers ter beschikking van het multidisciplinair team worden bewaard, al dan niet digitaal;*
* *Al deze lokalen worden in hetzelfde gebouw gecentraliseerd, waarbij maximaal gestreefd wordt naar een functioneel geheel.*

***Opmerkingen:***

*…………………………………………………………………….................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................*

1. ***Expertise***

De PMOC beschikt over de hierna gaande aantoonbare expertise:

* Expertise in zwaarlijvigheid inclusief genetische vormen, endocriene aandoeningen;
* Expertise in diagnose en zorg voor comorbiditeiten;
* Expertise in eetstoornissen, in het bijzonder rond de behandeling van eetbuien, alsook kennis rond preventie van eetstoornissen ;
* Expertise in het herstellen van goede lichaamsbeleving, zelfbeleving, en emotieregulatie;
* Kennis van instrumenten om psychosociaal welzijn en emotionele stress te beoordelen;
* Gedrags- en systemische (d.w.z. werken met gezinnen) technieken;
* Up-to-date educatietechnieken: communicatieve vaardigheden, motiverende vaardigheden;
* Interdisciplinaire zorg (zelfde tijd, zelfde ruimte, interactie tussen specialismen);
* Farmacotherapie in het kader van obesitas;
* Specifieke fysiotherapie (incontinentie, constipatie, musculoskeletale pijnen en problemen);
* Expertise in patiënten met obesitas en autisme/ontwikkelingsachterstand;
* Expertise rond transitie/verwijzing van oudere patiënten/adolescenten naar de volwassen zorg voor obesitas (correcte doorverwijzing op latere leeftijd)
* Kennis van heelkundige en interventionele behandelingen.

***Opmerkingen:***

*…………………………………………………………………….................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................................*

1. ***Verbintenissen***

*De verplegingsinrichting verbindt zich ertoe:*

*- aan de Dienst voor geneeskundige verzorging elke wijziging in de samenstelling van het team mee te delen via het e-mail adres:* [*ovcomeddir@riziv-inami.fgov.be*](mailto:ovcomeddir@riziv-inami.fgov.be) *;*

*- alle afgevaardigden van het RIZIV, het begeleidingscomité, en van de verzekeringsinstellingen toe te laten de bezoeken af te leggen die zij nodig achten i.v.m. de uitvoering van deze overeenkomst.*

1. ***Toe te voegen bijlagen:***
2. ***Een overzicht van het aantal rechthebbenden permanent in behandeling, indien reeds beschikbaar.***
3. ***Volledig ingevulde EASO Obesity Clinic Self Assessment (cfr. bijlage 1).***

*De ondergetekenden verklaren:*

* + - *dat zij kennis hebben genomen van de overeenkomst ‘Obesitas bij Kinderen’ tussen het Verzekeringscomité van de Dienst voor geneeskundige verzorging van het RIZIV, de huisarts of arts-specialist in de kindergeneeskunde en de erkende verplegingsinrichtingen;*
    - *dat de bovenstaande gegevens, alsook alle bijlagen, volledig en correct zijn ingevuld.*
    - *dat ze voldoen aan de voorwaarden opgenomen in de overeenkomst ‘Obesitas bij Kinderen’*

*Gedaan te (plaats) ……………………………..op (datum)………./………./………*

*Naam, voornaam en handtekening van de verantwoordelijke bestuurder namens de inrichtende macht van de verplegingsinrichting die zich kandidaat stelt*

*Naam, voornaam, handtekening en stempel van de medisch directeur van de verplegingsinrichting die zich kandidaat stelt*

*Obesity Clinic Self-Assessment Checklist*



# *A guide to help you assess the current status of your clinic or service*

***Introduction***

*This self-assessment checklist is designed to help you to plan your new or updated obesity service or clinic. The checklist details the competencies and equipment required to provide different levels of such services, categorised as Standard Clinics, Advanced Clinics or Centres of Excellence. The checklist will help you to determine the level of your existing service, and whether or not you are ready to establish a new service or increase the capacity of your existing service. By listing the competencies and equipment that you have already developed or have access to, you can identify any gaps in knowledge or infrastructure. This document also lists relevant resources that have been vetted by EASO, Obesity Canada and World Obesity Federation.*

*This toolkit was developed through a collaboration between EASO, Obesity Canada, World Obesity Federation and Novo Nordisk, who also provided financial support to produce the toolkit. EASO, Obesity Canada and World Obesity Federation retain editorial control.*

## ***Do you have an interest in managing obesity as a chronic disease***

***0.1***

***0.2***

***0.3***

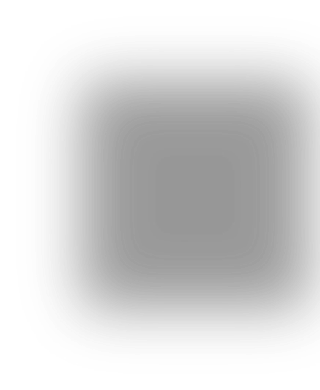
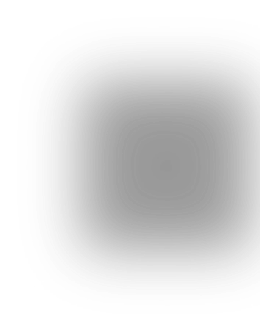
*Do you have an interest in seeing patients with obesity with primary focus on the medical management of obesity and not only the treatment of comorbidities?*

*Are you interested in taking a recognized certification or formal training in obesity management?*

*Do you have an interest in advancing towards a standard clinic in obesity*

*management?*

***Yes No***



## ***Standard Clinic in Obesity Management***

*Clinic that provides evidence-based obesity management services by trained personnel in obesity management and proper equipment, have additional obesity management training and continue to be active in their obesity management education.*

**Yes**

**No**

### ***Patients***

* 1. *Do you see patients with obesity with a primary focus on medical management of obesity and not only treatment of comorbidities?*
  2. *Are you fully dedicated to obesity management at least 20% of your time?*

### ***Team and Competencies***

* 1. *Do you have a recognised obesity certification or formal training in obesity management?*
  2. *Do you have access in house or via referral network to a dietician/nutritionist, psychologist, exercise specialist and other relevant HCPs?*
  3. *Do you have a plan for the team to receive a recognized obesity certification or formal training in obesity management?*
  4. *Do you have a plan for continuous training in improving the clinical competences in obesity management?*

### ***Equipment and Facilities***

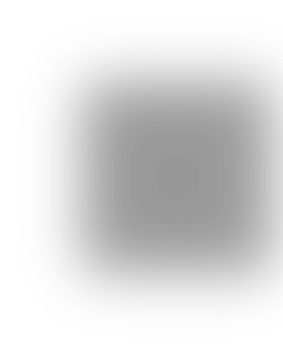
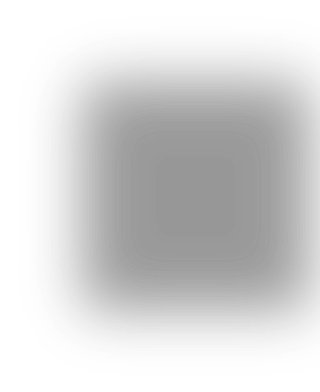
* 1. *Do you have high capacity scales that can support >200 Kg?*
  2. *Do you have large size blood pressure cuffs (circumference >34 cm)?*
  3. *Do you have chairs appropriate for the use with a patient with bariatric care needs? The equipment must have the proper weight limit and width to support the patient?*

## *Standard Clinic in Obesity Management Continued*

*Clinic that provides evidence-based obesity management services by trained personnel in obesity management and proper equipment, have additional obesity management training and continue to be active in their obesity management education.*

### ***Equipment and Facilities***

### *Yes No*



* 1. *Do you have examination tables appropriate for the use with a patient with bariatric care needs? The equipment must have the proper weight limit and width to support the patient*
  2. *Do you have large-size examination gowns?*

### ***Obesity Management Plan***

* 1. *Do you have a clear programme with goal setting and follow-up using patients assessment tools?*

### ***Clinic vision***

* 1. *Do you have at least a two-year vision for the development of the clinic and*

*periodic self evaluation of the quality and outcome of the clinic?*

## ***Advanced Clinic in Obesity Management***

*Clinic fulfils the Standard criteria but is a "specialized obesity clinic" in that they have specialized education, designation or similar.*

**Yes**

**No**

* 1. *Do you fulfil all the criteria of the Standard Clinic in Obesity Management?*

### ***Patients***

* 1. *Are you fully dedicated to obesity management 100% of your time?*

### ***Training***

* 1. *Do you have the capacity and ability to train other HCPs in obesity management?*

### ***Referral Network***

* 1. *Do you have an access to a bariatric surgeon via a referral network?*
  2. *Do you have an access to a psychiatrist via a referral network?*
  3. *Do you have an access to patient support groups via a referral network?*
  4. *Do you have an access to other relevant specialities to treat complications of obesity via a referral network?*

## ***Advanced Clinic in Obesity Management Continued***

*Clinic fulfils the Standard criteria but is a "specialized obesity clinic" in that they have specialized education, designation or similar.*

### ***Equipment and Facilities***

### *Yes No*

* 1. *Do you have wheelchairs able to support over 250 lbs (114 kg) and is 28-40 inches (70-102 cm) wide?*
  2. *Do you have beds for patients weighing >200 kg?*
  3. *Do you have ramps or elevators where appropriate?*
  4. *Do you have appropriate toilets?*
  5. *Do you have wide doors?*

### ***Obesity Management Plan***

* 1. *Do you have an obesity management plan with different treatment modalities?*

### ***Recommended additional equipment for an Advanced Obesity Clinic***

***in Obesity Management***

*Special physical exercise facilities*

*Scales that allow for wheel chairs*

*Appropriate stretchers*

*Access to sleep apnoea monitors*

*Access to hormonal and molecular genetics labs*

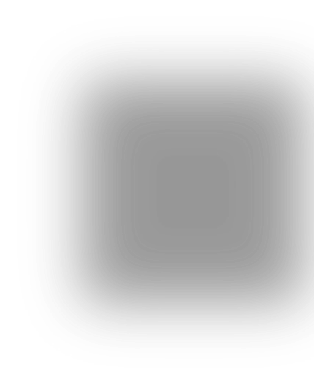
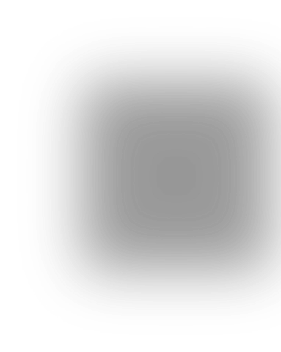
*Access to additional relevant diagnostic procedures*

*Body Composition Analysis*

## ***Center of Excellence in Obesity Management***

*Clinic that encompasses all of the above criteria, has the capacity and ability to train other HCPs in obesity management, an extensive referral network for patients, has access to all required equipment for obesity management, and has academic affiliations.*

### *Yes No*



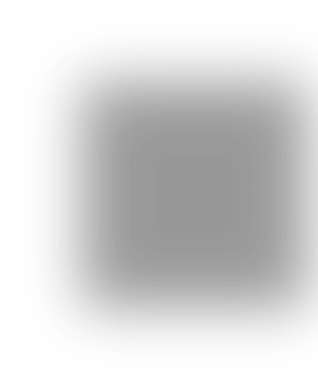
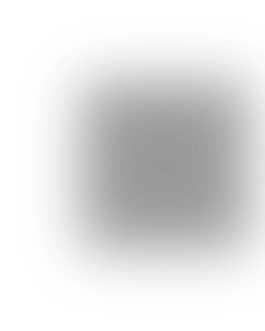
* 1. *Do you aim to become a specialist clinic in obesity management?*

## ***Center of Excellence in Obesity Management Continued***

*Clinic that encompasses all of the above criteria, has the capacity and ability to train other HCPs in obesity management, an extensive referral network for patients, has access to all required equipment for obesity management, and has academic affiliations.*

### ***Training***

### *Yes No*



* 1. *Do you have the capacity and expertise to train other HCPs in obesity management?*
  2. *Do you have any affiliations or collaborations with universities or other research institutions?*

### *Team*

* 1. *Do you have a broader multidisciplinary team and basic referral network in house?*

### *Equipment and Facilities*

* 1. *Do you have methodologies for advanced obesity phenotyping?*
  2. *Do you have access to accredited hormonal and molecular genetics laboratories?*
  3. *Do you have access to additional relevant diagnostic procedures that are adapted for people with severe obesity, such as X-ray, ultrasound, CT and MRI scanning, endoscopy, cardiac and pulmonary assessment, and nuclear medicine?*

*Patients*

***Comments***

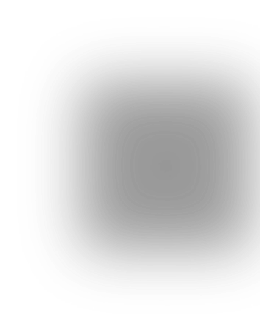
**Other aspects to evaluate in a clinic**

* Ensure a Welcoming Environment for Patients with Obesity free of bias and stigma

Best practices: [https://www.aace.com/disease-state-resources/nutrition-and-obesity/dsr-resource-toolkits](https://obesitycanada.ca/resources/5as/)

* Ensure Appropriate dialogue HCP-Patient on weight conversation Explore more on: <https://obesitycanada.ca/resources/5as/>
* Leverage resources for working with patients with obesity <https://global.rethinkobesity.com/resources.html>

## *Vetted Resources*



**Helpful European Association for the Study of Obesity resources can be found at:** [**https://easo.org/education/**](https://easo.org/education/) **and at** [**https://easo.org/coms-2/**](https://easo.org/coms-2/)

EASO Guidelines (GPs, VLCKD, Post Bariatric Surgery) EASO Virtual COM

EASO Obesity Management Masterclasses

Advancing Obesity Management Program (AOMP) OC Conversation Cards

OC Clinical Practice Guidelines

OC Clinical Practice Guideline Webinar Series

OC Canadian Advanced Learning in Bariatric Care (CALIBRE)

OC Obesity Summer School OC People First

OC Image Bank

OC Bariatric Friendly Health Care Service

**Helpful Obesity Canada resources can be found at:**

[**https://obesitycanada.ca/resources/**](https://obesitycanada.ca/resources/)

**Helpful World Obesity Federation resources can be found at:** [**www.worldobesity.org/scope**](http://www.worldobesity.org/scope)

SCOPE

SCOPE free module Primary Care Weight Management: Shaping the Conversation

SCOPE School

**EASO:** [**https://eurobesity.org/people-first-menu/**](https://eurobesity.org/people-first-menu/)

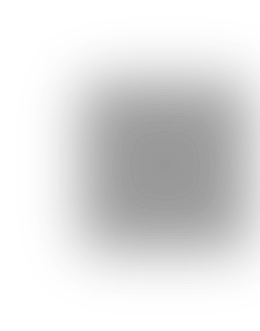
**OC:** [**https://obesitycanada.ca/resources/people-first-language/**](https://obesitycanada.ca/resources/people-first-language/)

(Note this page has links to a variety of Image Banks - OC, EASO, OAC, Rudd and WOF)

**Patient language Resources can be found at:**

**Image Bank can be found at: World Obesity Federation Image Bank http**[**s://w**](http://www.worldobesity.org/resources/image-bank)**ww.w**[**orldobesity.org/resources/image-bank**](http://www.worldobesity.org/resources/image-bank)

*****Vetted Resources Continued***



***External Resources:***

|  |
| --- |
| ***Useful external resources (valid at summer 2021) can be found at:*** |
| *iACT- free CME courses on obesity management - Integrated Approach to Change Treatment*  *in Obesity* [***https://i-act.ca/obesity/***](https://i-act.ca/obesity/) |
| *ECPO – Education and Resources from the European Coalition for People living with Obesity (*[***https://eurobesity.org/***](https://eurobesity.org/)*)* |
| *OAC – Reliable, science-based information and educational resources like the Health and Wellness Guide and the “Starting the Weight Conversation”*  *Toolkit* [*(****https://www.obesityaction.org/about/education/****)*](https://www.obesityaction.org/about/education/) |
| *TOS – TOS offers US based meetings and conferences, ABOM review courses and webinars* [*(****https://www.obesity.org/meetings-education/****)*](https://www.obesity.org/meetings-education/) |
| *ASCEND Obesity - free CME courses on diabetes and weight management ASCEND Diabetes Obesity* [*(****https://www.ascend-diabetes-obesity.com****)*](https://www.ascend-diabetes-obesity.com/) |
| [*RCGP Obesity HUB (****https://www.rcgp.org.uk/clinical-and-research/resources/ a-to-z-clinical-resources/obesity.aspx****)*](https://elearning.rcgp.org.uk/mod/page/view.php?id=6534) |
| *Rethink Obesity - tools to support weight management (****http***[***s://w***](http://www.rethinkobesity.global/))***ww.r***[***ethinkobesity.global/****)*](http://www.rethinkobesity.global/)) |